## ADORATION VISITS

We believe that Jesus is present, Body, Blood, Soul, and Divinity in the Eucharist. For centuries, Catholics have not only worshipped Jesus by receiving Him in the Eucharist, but also through a practice called Adoration of the Blessed Sacrament. Adoration is the adoration of Jesus Christ present in the Holy Eucharist. In the many Churches that have this adoration, the Eucharist is displayed in a special holder called a monstrance, and people come to pray and worship Jesus continually throughout the day and often the night. Christ's great love for us was shown when he was crucified on the cross to pay the penalty for our sins and give us eternal life. He loves us without limit and offers Himself to us in the Holy sacrament of the Eucharist. (www.therealpresence.org)

Our Lord, Jesus Christ is truly present in the Blessed Sacrament. There, He offers us the opportunity to draw near to Him, to express our love for Him, to ask Him for our needs and to thank Him for His many gifts to us. This is a privileged time of prayer.

This is a great time for reflection, a time to sit in silence and pray about anything that comes to mind.

Name:

My faith experience during this visit with the Blessed Sacrament:	
Data of visit #2:	
Date of visit #2:  My faith experience during this visit with the Blessed Sacrament:	